

Equipment and Adaptations

Equipment and adaptations

Many people with Huntington's disease find equipment can help to keep them safe and independent at home. Some items can be bought online, from a local mobility shop or hired.

Other items will need input from a health or social care professional such as an Occupational Therapist (OT), Nurse, Physiotherapist or Speech and Language Therapist.

If you are unsure where to start, please speak to your local Specialist Huntington's Disease Adviser (SHDA). Your local GP or therapists should also be able to advise or make a referral to the right service. If the professionals involved need additional advice regarding equipment, please signpost them to the professional resources area of our website.

Some of the common areas you may be able to get help with are:

- Seating
- Bathing and showering
- Using the toilet
- Eating and drinking
- Preventing falls
- Stairs and steps
- Wheelchairs
- Beds
- Technology e.g. alarms and devices to keep you safe



Paying for equipment

There are different streams for equipment depending on a person's level of need. Some items will need to be funded privately. For other items, funding can come from local authorities (councils) or if a person's needs are particularly complex, the NHS (Continuing Health Care (CHC).

Speak to your local <u>Specialist Huntington's Disease</u>

<u>Adviser</u> for more information or visit the <u>NHS webpage</u>
for further clarity.

VAT exemption

If you are buying an item privately, which helps with your disability you may be VAT exempt. You may not need to provide any evidence of this other than stating the disability.

Visit the **Financial help webpage**.



Housing adaptations

In order to stay as independent and safe as possible at home your property may need to be adapted. For example, a downstairs bedroom, wet room, through floor lift, ramp and widened doorways. This will require a visit from the council, social services or an Occupational Therapist. You may be able to get a means-tested grant for this type of work.

Useful Equipment Resources

To contact your local <u>Specialist Huntington's Disease</u>
<u>Adviser</u> for further advice about equipment and signposting to relevant local services please contact the <u>Huntington's Disease Association</u>.



Resources

Please note, that the resources or sites listed here are not recommendations but are suggested starting points.

Equipment Advisory online services

- ASK SARA is an advisory site (limited locations)
- The NHS equipment advisory site
- <u>The Complete Care Shop</u> offers a range of equipment advice services. Both free and tailored (with a charge)

Equipment hire examples

Mobility Equipment Direct

Mobility hire - beds/ wheelchairs / scooters

Red Cross shops will hire wheelchairs and toilet aids

Private purchase site examples

Redcross Store

OT Stores

<u>Complete Care Shop</u>

NRS Heathcare



Get in touch

For advice and support or to speak to a Specialist Huntington's Disease Adviser

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